

PSHE

- Encourage your child to undress and dress themselves, including putting shoes and coats on
- Encourage independent toileting and hand washing

Expressive Art and Design

- Listen and dance to their favourite song
- Use real life experiences to influence play e.g. playing dentists, shops, hairdressers
- Mix colours (food colouring works well)
- Recycle boxes and containers to build junk models together

Maths

- Share counting activities e.g. counting the tins in the cupboard, counting shoes and socks
- Look for and name numerals in the environment
- Sort objects by shape or pattern
- Compare size, shape and length



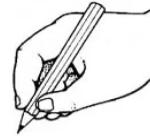
Holy Trinity Rosehill CofE (VA) Primary School

How to help at home

Spring 2026

Physical Development

- Move their body in different ways (skipping, jumping and hopping etc)
- When holding a pen or pencil encourage the correct grip



- Increase your child's fine motor skills and their hand strength with playdough, LEGO, pegs, crumpling up and tearing paper, drawing and popping bubble wrap
- Using cutlery and chopping their own food up

Understanding the World

- Explore your local area- you could collect items to share with school
- Visit the library to loan a book
- Go for a walk to the park or shops and see what changes you can see happening outside

Communication & Language

- Enjoy conversations with family and friends
- Encourage your child to talk in full sentences
- Correct any mispronunciation of words and sounds
- Sing nursery rhymes and songs together

Literacy

- Support your child to recognise and write their name using the correct formation
- Check your emails for our weekly phonics updates, practise forming and recognising the sounds using the correct pronunciation
- Enjoy books together, talking about what may happen next and their favourite part



Holy Trinity Rosehill CofE (VA) Primary School

Reception

Spring Term 2026

Caring and inspiring people – how do we and others let our lights shine?

PSHE

During this term, children will learn to understand and manage their feelings, build positive relationships and grow in confidence and independence. They will follow routines, take turns, share, respect others and learn how to stay safe, healthy and happy.

Physical Development

The children will develop their physical skills through gymnastics and handball activities, exploring high and low movements while building strength, balance and coordination. They will move with increasing confidence and control, use equipment safely, and develop fine motor skills to support effective pencil grip and early handwriting.

Communication & Language

Reception will explore a range of fiction and non-fiction texts linked to our termly topic of caring and inspiring people. Through shared discussions, storytelling and role play, they will talk about heroes in their lives, school and community, developing their vocabulary, listening skills and confidence to speak in clear, full sentences when communicating with both adults and peers.

Reading across the curriculum this term

Supertato
Superhero Like You
Superpower Like Mine
Shine
Real Superheroes
When I Grow Up



Literacy

Through stories, songs, play, Drawing Club and daily phonics lessons, children in Reception will develop a love of reading and writing. In Drawing Club, children learn about characters and take part in Adventure Time, using their imagination and practising their speaking and listening skills. Children will continue to learn Phase 3 sounds and words, supporting them to read simple words and sentences and begin writing their own. Books matched to your child's sound knowledge will continue to be sent home for you to share together.

Maths

In Maths, children will explore the numbers 9 and 10, learning how to build, represent and compare them using practical resources. They will begin to compose and decompose numbers by splitting them into smaller parts, and explore sharing and grouping through hands-on activities. Children will also learn about 3D shapes and patterns, spotting shapes in the environment and creating repeating patterns while using simple mathematical language to explain their thinking.

Understanding the World

In Understanding the World, children will learn about their family, school and wider community, including people who help us such as firefighters, police and the NHS, and how these roles have changed over time. We are looking forward to welcoming visitors into school to help children learn more about these special roles. Children will also explore celebrations and different cultures, and investigate the natural world by observing seasonal changes, local trees and wildlife, using stories and non-fiction texts to support their learning.

Expressive Art and Design

In Expressive Arts and Design, children will explore a range of creative activities to express their ideas and feelings through art, music, dance and role play. They will experiment with different materials and techniques, build on their own ideas, and create collaboratively with others. Children will listen and respond to music, sing and move with growing confidence, and develop imaginative storylines through pretend play.

Religious Education

Reception will be learning about where we belong. They will spend time exploring different religions and how they welcome babies into the family. Later in the term, we will return to the Big Story of the Bible; this time focusing on Salvation. The children will learn about Easter and explore why Christians put a cross in their Easter Garden.

Characteristics of Effective Learning

Throughout this term, we will be developing our skills in these areas:

- Finding out and exploring
- Keep trying
- Having their own ideas



Our School Values – How are we living out our school values in Reception this term?



We will show friendship to others in our community.



We will learn about how we can care for others.



We will try our best to keep going when things are difficult.



We will forgive others when needed.



We will be thankful for our lovely world and everything in it.