

Additional activities for Y5 30.04.2020

Maths

1. With a member of your family, log in on White Rose Maths <https://whiterosemaths.com/homelearning/year-5/> There are daily maths lessons on this website, which will help you with your Y5 work on fractions - just continue from where you've got up to. Each lesson has a video and some activities to do. Each lesson should take between 20-30 minutes.
2. Continue to log in on Mathletics and practice your times tables at the following websites:
<https://login.mathletics.com/>
<https://www.timestables.co.uk/>

English

Listening skills: Watch this clip with your adult "Why screen time for kids needs to be controlled"

<https://www.youtube.com/watch?v=CnFHY16KJXY> . If you do not have access to youtube, you can have a discussion about why screen time for kids needs to be controlled and make notes about your discussion. You can use these notes to come up with family rules for screen time.

Discuss these questions:

1. What do they mean by "screen time"?
2. Why should we reduce screen time for children?
3. What does "no-brainer" mean? Can you think of synonym?
4. Give three reasons why spending time in nature is good for us?
5. What is the effect of too much screen time on our emotions?
6. What is dopamine?
7. What is melatonin?
8. What can we do to stay healthy in this giant tech world that we live in?
9. Now, as a family, make up some screen time rules and stick to it!

Writing- We hope you've enjoyed the letter that we've posted to you last week. This week, why don't you write a letter back to us? You can tell us about the things you've been doing at home and how you are feeling. Ask your parent/ carer to e-mail the letter to: HolyTrinityRosehill@sbcschools.org.uk

RE- This week we will be looking at the fruits of the Spirit.

Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

This week you can design your own fruits of the Spirit poster with examples of how you can show those fruits in your everyday life. Try to fill each day with these fruits, then you and your family will have a wonderful time together.

Art: The leaves on the trees are so beautiful, why not use twigs and leaves to make your own piece of art.



Soon, we will be designing and making our own marble runs, so please keep all your used toilet/kitchen rolls (you can sterilised the rolls in a microwave in only 1 min)

PE - This week we are going to practise to catch a ball! You might think that you can already do it very well, and if so, great, but if you think about it, we do not practise our throwing and catching skills enough. So, go on, take a ball and throw and catch it with your parents/ carers or siblings. You can step one step backwards each time you catch it, or why not try piggy-in-the-middle. If you have a soft ball, why not try to bounce the ball to each other and see if you can beat your own score. Have fun! But make sure you warm up before and cool down afterwards. Also, remember to drink plenty of water!

PSHE- This week we'll be looking at life skills. Ask your adult to help you to practise some of these life skills:

1. Cutting detailed shapes/pictures out with a scissor
2. Hammering a nail with a hammer (ask an adult to supervise)
3. Wrapping a gift
4. Tying a shoe lace (hopefully you can already do this, if so, teach a younger sibling how to do it)
5. Preparing a simple meal
6. Doing the laundry
7. Sorting socks and folding underwear
8. Change the bedding
9. Treating a wound (pretend you have an injury, go through all the steps on how to clean it. Use the internet to do your research or ask your adult to help you)
10. Cleaning the bathroom and house
11. Sweeping the floors.

Parents/adults, hopefully this will help you too.