



A thought for the day ...

Psalm 118 v24

'This is the day that the Lord has made. Let us rejoice and be glad in it'

Sometimes when we are feeling worried or sad it can be hard to be glad. Every day we have things to be thankful for. Why not make a list of all the things you can be grateful for and say a big thank you to God for all He has provided for you and your family today.

Easter – Resources from Barnabas

Here are some free online resources from 'Barnabas for Schools' for children to complete at home to help them understand the meaning of Easter.

<https://www.barnabasinschools.org.uk/idea/palm-sunday-cross>

<https://www.barnabasinschools.org.uk/idea/good-friday-word-search>

<https://www.barnabasinschools.org.uk/idea/exploringeaster-and-eggs>

What would you ask?

If you wanted to find out more about the story of Easter, what questions would you ask?

Try think of 5 big questions. You might like to draw a picture to go with each one.



Eggcellent Art

Decorate an egg. If you don't have an egg that's fine, why don't you draw an egg on a piece of paper and draw your design instead.



Writing Challenge

- Write a haiku poem all about Easter.

Each haiku has only three lines.

The lines follow a pattern of syllables:



5-7-5

Example:

We must remember. (LINE 1 = 5 syllables)

Easter is a special time. (LINE 2 = 7 syllables)

Jesus has saved us. (LINE 3 = 5 syllables)

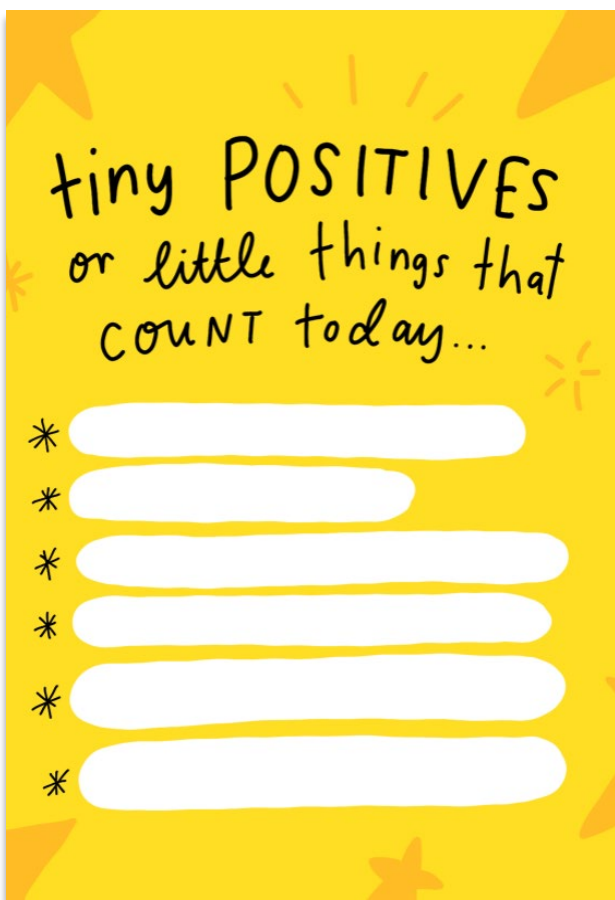
RE

Can you remember the events of Holy Week?

Create a story map to show the different events.

Think about how Jesus, Mary and the disciples felt when this was happening.





Easy Easter Mini Cheesecakes

Ingredients:

- 450g Full Fat Cream Cheese
- 125g Caster Sugar
- 2 Large Eggs
- 2 Tsp Vanilla Essence
- Mini Eggs to decorate

Method

- 1 - Pre-heat an oven to 150C and place 12 muffin cases in a muffin tin.
- 2 - Put the digestives in a bag and crush with a rolling pin until a uniform crumb is produced.
- 3 - Melt the butter (it takes around 30 seconds in a microwave) and combine with the biscuit crumb.
- 4 - Divide the biscuit mix between the 12 cases and press down with the back of a spoon. Pop in the fridge to cool while you make the cheesecake topping.
- 5 - Put the cream cheese and sugar into a mixing bowl and stir until evenly blended. In a separate bowl, mix the eggs and vanilla essence until combined.
- 6 - Gradually add the egg mixture to the cream cheese mixture, ensuring they are well combined each time. Once the ingredients have combined, spoon into the muffin cases.
- 7 - Bake for 25 minutes then turn the oven off and leave the cheesecakes in the oven for a further 30 minutes without opening the door.
- 8 - Remove the cheesecakes, add the mini egg decorations and chill in the fridge for a minimum of 2 hours before enjoying.

The cheesecakes can be stored in an airtight container in the fridge for up to 5 days. You can play around with the toppings too - anything goes! Just use whatever you have in your cupboards.



Get ready to sing!

It is clinically proven that singing is good for you!
Why not join in together as a family with some of our children's favourite worship songs:

Deep deep deep

https://m.youtube.com/watch?v=oZhwagxWzOc&list=PL5NINQJLqINyvoFsyEocBX17_8q4PhZc9&index=3&t=0s

Every move I make

<https://m.youtube.com/watch?v=MPvnZILn6EY>

Peace like a river

<https://m.youtube.com/watch?v=7it5W1FVtTs>

This little light of mine

<https://m.youtube.com/watch?v=recdOYUmSRQ>

My lighthouse

<https://m.youtube.com/watch?v=IFBZJGSgyVQ>

Be strong and courageous

https://m.youtube.com/watch?v=NpiHwil_98E

STEM BINGO

Make a birdfeeder	Build a tower	Go on a bug hunt
Create a graph of your toy categories	Design a map treasure hunt	Create a water maze
Build a bridge using natural materials	Create shadow animals	Make playdough
Bake a delicious treat	Build a bug hotel	Create a magic potion
Does an object sink or float?	Make ice lollies	Design your favourite movie scene out of lego
Create a to-scale solar-system	Find symmetry in nature	Leaf printing
Ice-cube melting race	Record all the birds you can see	Make a bubble wand
Build a den	Chalk sums	Build your own sundial

Book Scavenger Hunt

Have a look on your bookshelf. Can you find...

- A book with an animal as the main character
- A book with a dragon in it
- A book with more than 150 pages
- A book with a queen in it
- A book which rhymes
- 3 books by the same author
- A book with a title which is 5 words
- A book with no words
- A book with no pictures
- A book you have read more than once
- A book with a name in the title
- A book which tells you facts
- A book with a colour in the title
- A book with a girl as the main character
- A book with a boy as the main character
- A book with an index
- A book with a funny title
- A book your favourite animal in it
- A book with an item of food in the title
- A book with a sport in the title



<https://www.outoftheark.co.uk/ootam-at-home/>

If you would like to sing 'Spring Chicken' you'll find it here through this link. Why not try these two activities with family and friends?



Watch our *Spring Chicken* dance video on YouTube and join in with the moves:

www.youtube.com/watch?v=1mi0dN5a_r8



Video chat with your friends and family to show yourself singing along with *Spring Chicken* and doing the dance. It's guaranteed to put a smile on their faces!

Mindfulness Moments

As a secret mission, count how many times you can make people smile today. Tell them at the end of the day and pass the mission on.

Make a poster of lovely pictures to put up in your window to cheer other people up.



Active Prayer

A virtual Mexican Wave

We might not be able to meet up with people but we can send a wave of encouragement and pray for others.

Why not start your own Mexican wave of encouragement? Video call someone in your family and give them a big encouraging smile and wave. Take a moment to pray for them and then ask them to send the wave onto another family. How far will your prayer wave travel? Maybe it'll even come back to you!



A prayer to say together

You are amazing in collective worship at sharing your prayers. Can you write one individually or as a family to share over Easter?



How to grow a Rainbow!

You will need:

- Kitchen roll
- Felt tip pens
- Two small bowls of water
- Paper clip
- Thread



1. Cut your kitchen roll into the shape of a rainbow.
2. Colour a rainbow with felt tips about 2cm up on both sides.
3. Attach your paper clip to the top and tie a piece of thread to it. This will give you something to hold your rainbow up with.
4. Fill each small container with water.
5. Hold your rainbow with the ends slightly submerged in the water then watch your rainbow grow!

THE SCIENCE

This is a brief introduction to capillary action. Water molecules like to stick to things – including themselves. Sticking to things is called **adhesion** and sticking to itself is called **cohesion**. The fibres in kitchen roll make lots of little holes. Water is sucked through the holes because of **adhesion** and **cohesion** means the rest of the water follows. The water pressure will eventually slow down and the pressure of gravity will mean it will stop.

