

LEVEL 2 BIKEABILITY TRAINING

Dear Parent/Guardian

I am delighted that your child will be taking part in Stockton-on-Tees Borough Council's Bikeability Level 2 Cycle Training Course. Bikeability is the Cycling Proficiency Test for the 21st century, designed to give the next generation of children the skills and confidence to ride their bikes on today's roads. To get their Bikeability award, children will be instructed on how to ride their bikes to the Government-approved National Standard for Cycle Training, which sets out the training and skills essential for making cycling trips in today's road conditions.

Please note that this training is aimed at children who are already able to ride a bike.

Level 2 training is covered on quiet roads but with real traffic conditions. By completing Level 2 your child will be able to demonstrate the skills and understanding to be able to make a safer trip on quiet roads.

Please ensure that your child attends the training with a well maintained roadworthy cycle along with a cycle helmet (helmets can be provided if required).

Taking the Bikeability training will help to equip your child with the necessary skills and knowledge needed to ride a bike safely throughout the rest of their life. It will also introduce them to cycling as an everyday activity – an alternative mode of transport, an enjoyable pastime, which brings a healthier lifestyle and ultimately lots of fun. Bikeability gives a child a life skill that once they've learnt, they will never forget.

For further information about Bikeability please visit the Bikeability website, www.bikeability.org.uk, or contact me on the number below

Finally, we would like to welcome your child onto the course.

Yours faithfully,



Peter Fleming
Network Safety
Tel: 01642 526737
Email: cycletraining@stockton.gov.uk

Please note, any children who did not take part in the L1 training in Y5 will take part in a simple assessment on the first day of L2 training and providing they are competent enough they will be allowed to continue with L2 training.

Lavender Class will have their sessions daily from (and including) Monday 15th October through to Friday 19th October.

Magenta Class will have their sessions from (and including) Monday 22nd October through to Friday 26th November. Please note school will not be held responsible for any loss or damage to bikes and your child will be responsible for looking after any bike locks and keys.

Children can wear jogging suit bottoms and trainers for the week while they have training, along with their school T-shirt and jumper. They will need a warm jacket.

Many thanks, Miss J. Cook and Mrs C. Pearson

